

# I CAN Statements

## Teaching Strategies GOLD

### Social-Emotional Development

#### OBJECTIVE 1-Regulate own emotions and behaviors

- a. Manage feelings
  - I CAN show what I need and what I am feeling in the right ways when I am angry or sad.
  - I CAN use words to express my feelings to teachers and friends.
  - I CAN keep my body calm and in control.
- b. Follow limits and expectations
  - I CAN follow rules in my classroom.
  - I CAN listen to my teacher's directions.
- c. Takes care of own needs appropriately
  - I CAN get better and better at doing things for myself.
  - I CAN take care of my things.
  - I CAN try do things that are difficult.

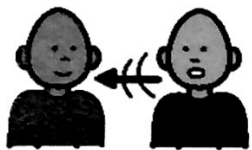
#### OBJECTIVE 2-Establishes and sustains positive relationships

- a. Forms relationships with adults
  - I CAN talk with and get help from teachers I know and trust.
  - I CAN greet my teachers.
- b. Responds to emotional cues
  - I CAN help others.
  - I CAN understand how what I do makes a difference to others.
  - I CAN understand that things may happen because of the way I act towards others.
  - I CAN show that I know how others feel and try help them feel better.
- c. Interact with peers
  - I CAN let friends play with what I am playing at the same time.
  - I CAN ask friends to play with me or if I can join what they are playing.
- d. Make friends
  - I CAN play with friends at school.
  - I CAN say hi to friends and share information.
  - I CAN play games with friends.

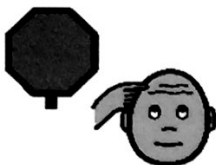
#### OBJECTIVE 3-Participates cooperatively and constructively in group situations

- a. Balances needs and rights of self and others
  - I CAN wait and take turns
  - I CAN use words to ask for a turn.
- b. Solves social problems
  - I CAN solve problems with my friends using words.
  - I CAN share things with my friends.

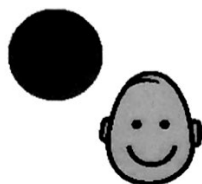
use words



stop and think



calm my body



ask for HELP



share toys



stay with teacher



hands to self



Ignore



say hi to teachers



say hi to friends



name my feelings



follow rules



help friends



help teachers



play with friends



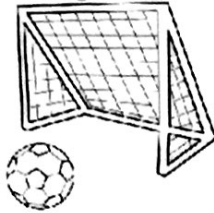
wait & take turns



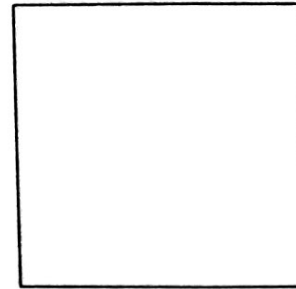
our



goal



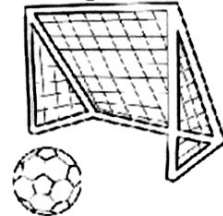
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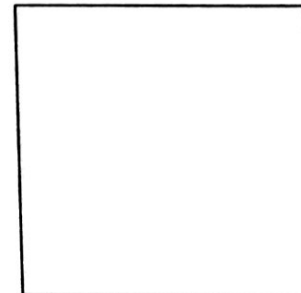
our



goal



is

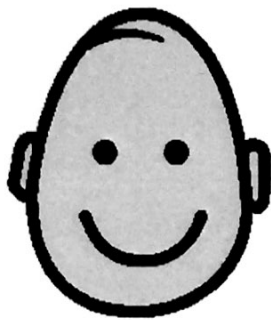


My first time



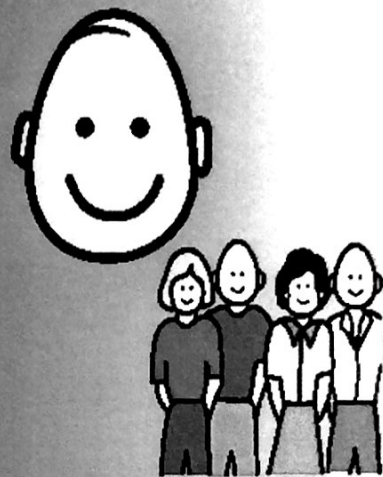
1

I am Practicing



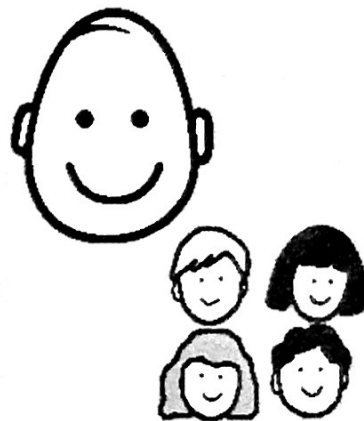
2

I can show a teacher



3

I can teach a friend



4